

Take the Pledge!

From this point forward, I will cherish my mind, body and soul and recognize that my body is my temple and that I am wonderfully and beautifully made in the image of the Most High God.

I recognize that I am not perfect, but I will strive to make wise, informed decisions when it comes to premarital sex, choosing a mate and parenthood.

I am beautiful, I am smart, and I am worth more than silver and gold.

I Am Pricele\$\$!

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Girls...

Listen Up!

YOU are Pricele\$\$



A girl's no nonsense spiritual guide on staying celibate, being selective and making informed decisions.



DON'T Believe the Hype!



Being young and in love can be a magical thing. The mate of your dreams has swept you off your feet. You get butterflies when he's around and you find yourself thinking about him day and night. You and him have so much in common, and in your heart, you know he's *the one!* There is a famous quote that says, *"Tis better to have loved and lost than not to have loved at all. *"*

Before going on that magic carpet ride, keep this in my mind:



Sex is more of a spiritual act than it is a natural or physical one. It was originally created by God to physically join a husband and wife as one flesh. When it is engaged in outside of the institution of marriage (fornication), the unmarried parties are opening themselves up to the transfer of Ungodly spirits or soul ties. Before you give away your treasure, please be sure to count the costs or consequences. Guard your body, soul, and spirit with all of your heart and at all times to prevent yourself from becoming damaged goods. When your soul mate arrives, you want to be an unbroken /complete package set aside just for him/her.

YOU ARE WORTH WAITING FOR!

DON'T Give up the Panties!



Be aware of these facts and make informed decisions:

Have you heard virgins can't get pregnant? Totally not true. Once a female is ovulating she can become pregnant. This can happen even before your first period. You can even get pregnant while on your cycle. Once you lose your virginity, you cannot get it back. It is gone forever. Shouldn't you save it for the husband God has chosen for you?

HIV and AIDS Facts:

HIV, the virus that causes AIDS lives and reproduces in blood and other body fluids. There is no cure for this disease. Oral sex does not protect you from this or other STD's (sexually transmitted disease).

The best way to protect yourself from unwanted pregnancy and STDs is abstinence.

Arm Yourself with These Verses of Scripture

I Peter 2:11
Song of Solomon 8:3-4
I Corinthians 6:9-11
2 Timothy 2:22
I Corinthians 7:9

DO Protect Yourself

Meeting boys and dating is a part of life. Keep these helpful tips in mind:

Date in groups. Going alone provides greater opportunity for temptation.

Order **your own beverage** and **never** leave it unattended. The date-rape drug, Rohypnol, is odorless and tasteless and can easily be slipped in any drink.

Keep a **discreet** can of pepper spray in your purse. It's legal and effective against unwanted advances.

Make sure to introduce him to your **parent, guardian or big brother**. If you are hesitant about what they might think, then that should be a hint to you regarding the relationship.

Do talk to your mother, relative or health professional for advice about dating, marriage, sex and relationships.

NO means No, but do not be a tease.

Lookout for signs of **abuse/control**.

Love **is not equal** to anyone putting their hands on you.

Maintain your identity by having healthy relationships/friends outside of your relationship

And remember...dating and marriage require a strong commitment to each other. **Think First:** are you ready to share your life?